

RECOGNIZING EQUALITY

EQUALITY is the perspective of your soul and loving parts of your personality.

You are **EQUAL** when you see others and yourself as souls.

When you are EQUAL you are:

- ▶ open to intuition
- ▶ fully present
- ▶ appreciative
- ▶ relaxed and comfortable
- ▶ sharing without pretense or second agenda
- ▶ laughing easily
- ▶ experiencing no separation

INEQUALITY is the perspective of frightened parts of your personality.

You are **UNEQUAL** when you see others and yourself as personalities
(and feeling inferior or superior.)

INEQUALITY creates:

- ▶ loneliness
- ▶ emptiness
- ▶ separation from others
- ▶ inauthentic interactions
- ▶ second agendas
- ▶ judgment and blaming